

RUBY NOLT

Consultant | Leadership Coach |
Certified Team Facilitator



PROFESSIONAL SUMMARY

Ruby has over two decades of devoted experience in social services, nonprofit leadership, trauma-informed crisis management, and curriculum design. Specializing in empowering individuals to reach their full potential and excel in their careers, Ruby employs her unwavering belief in inherent goodness and expert mediation skills to break toxic cycles and foster profound personal growth. Ruby brings her brilliance in 3 key areas:

Professional Development: Ruby specializes in guiding individuals facing imposter syndrome and shame-based struggles. She offers support to navigate various professional setbacks, including overcoming being passed over for a promotion, resolving conflicts with difficult colleagues, and pursuing success in seemingly unrelated fields.

Group Alignment: Ruby possesses a distinctive talent for fostering group alignment among diverse perspectives. Her rapid trust-building skills enable her to facilitate difficult conversations effectively, encouraging individuals to listen to and comprehend varying viewpoints. In her facilitation, Ruby cultivates an environment where everyone feels valued, respected, and empowered to contribute.

Learning Experience Design: Ruby has rich experience in designing custom curriculum and facilitating group conversation for collective learning and development, particularly as it relates to trauma-informed leadership, crisis management, and conflict resolution.

CERTIFICATIONS

Certified Facilitator in 6 Types of Working Genius, The Table Group
B.A in Psychology, Lee University

METHODOLOGIES

Assessment-Driven Reflection: As a proficient certified facilitator of **6 Types of Working Genius**, Ruby excels in fostering a shared team language for understanding and connection. Based on the assessment, she assists teams in identifying each person's unique role and how those roles work together for effective collaboration, resulting in optimal performance.

Crisis Intervention: Ruby is an expert in crisis intervention, a professional technique aimed at minimizing lasting harm for individuals facing crises. With over two decades of training, she employs diverse approaches, including reflective listening, empathetic support, and treating clients with honor and respect. Ruby has leveraged her expertise to navigate family business dynamics, foster teamwork, and establish group norms effectively.

CLIENT'S TESTIMONIAL

"Ruby is distinguished by her innate ability to create a welcoming and empowering environment, effortlessly putting people at ease while addressing complex topics with grace and confidence. Through her interactive teaching approach, she captivates audiences, facilitating deep comprehension on both intellectual and emotional planes. Ruby's unique talent lies in her capacity to instill hope and ensuring lasting impact. Renowned as a favorite presenter, she consistently garners praise for her punctuality, dedication, and the enriching experiences she delivers in every session."

-Lori De Poto,
Resource Home Senior Specialist
COBYS Family Services

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